

REIGATE STEPPING STONES



MAY NEWSLETTER
2012

REIGATE STEPPING STONES – ALLOTMENT MEETING

TUESDAY, 1ST MAY

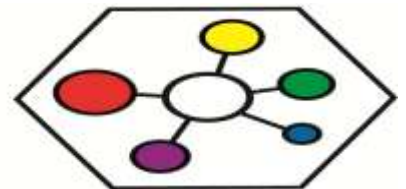


Bob and Muff will be holding the meeting from 12.30pm onwards depending upon their work load that they have that morning.

Anybody interested in growing vegetables are welcome to join the group – no experience needed, just enthusiasm.

QUIZ NIGHT

Social Succors



SUNDAY 6TH MAY 2012

7.00PM – 10.00PM

THE TOBY CARVERY, REDHILL
IN THE “MEETING ROOM”

£3.00 PER PERSON

Sandwiches will be supplied.
Come along and join in the fun.

WHAT ABOUT THE MENTAL HEALTH CRISIS HELPLINE?



We're trying to improve this service
and you may be able to help...

If you've used the Mental Health Crisis Helpline for the person you care for, or just want to know how it can help, Janine Sanderson really like to hear from you.

TUESDAY, 29TH MAY 1.30PM – 3.00PM

HOLY TRINITY CHURCH

CARLTON ROAD, REDHILL. RH1 2BX

(Ten minutes' walk up the A23 from Redhill bus and train stations. Parking onsite.

WEDNESDAY, 13TH JUNE 2.00PM – 3.30PM

RUNNYMEDE CENTRE, ROOM 1,

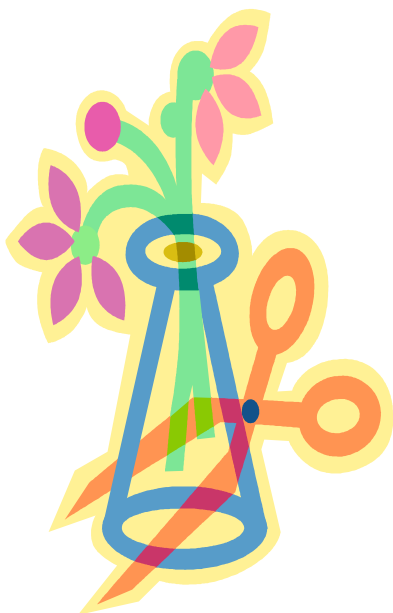
CHERTSEY ROAD (A317), ADDLESTONE.

KT15 2EP

Buses 451, 437, 551, 593 Fifteen minutes' walk from Chertsey or Addlestone train stations. Call 01932 794000 for parking.

Please email Janine.Sanderson@surreypct.nhs.uk or call 01372 201563 as soon as possible which venue and contact details so that she knows how many to expect for refreshments. Travel expenses can be reimbursed on the day.

FREE FLOWER ARRANGING COURSE



17th, 24th and 31st May 2012

2.00pm – 4.00pm Thursday afternoons

The Old Moat, Horton Lane, Epsom. KT19 8PQ

Learn the creative art of flower arranging and create beautiful displays for your home or for friends on this free course. Flowers provided.

(WEA together with Richmond Fellowship will be organising this course.)

For information or to book a place, please contact Nicholas Denny on 01372 731971 or email:

Nicholas.denny@richmondfellowship.org.uk Space is limited, so please book early to avoid disappointment.

REIGATE & REDHILL CARERS' SUPPORT GROUP



Tuesday, 29th May 2012
10.30am – 12.30pm
The Methodist Church,
Gloucester Road, Redhill

(NB. Please note that this group is for Carers only.)

PHOTOGRAPHY – COMPOSITION



The Trustees can arrange with WEA a talk with regard to composition that relates to photography. (If arranged the course goes ahead it will last for 1.1/2 hour and will need the minimum of five people attending.)

A poster is put up for people interested in doing this.

POOL TOURNAMENT



It is that time of year again to start the Annual Pool Tournament.

If interested, please put your name on the list and the Pool Tournament will start at the beginning of June.

DARTS TOURNAMENT



AUTUMN

In the autumn it is the intention of the Trustees' to arrange for a Darts Tournament to take place.

Thanks to Valerie S for suggesting this.

CASSEROLE



What is Casserole?

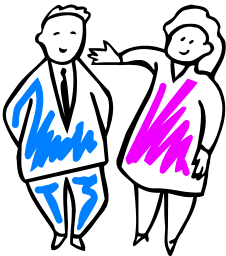
Casserole is a social enterprise which connects people who are happy to cook an extra portion of food to a neighbour who can really benefit from a home cooked meal.

Just sign up as a Cook or Diner and they will connect you to the right people in your area so you

can start sharing food.

Contact details: 0203 286 8911 Text: YUM to 80800 Email: hello@casserolehq.org Website: casserolehq.org. The Hub Redhill

TRUSTEES



The Trustees would like to say that should any member have anything that they wish to discuss about the Social Group they are only too happy to listen to them.

If members do not feel comfortable discussing this at the Social Group, then please ring David Murphy – Chair on 01293 525605 for a private chat.



On behalf of everyone, the Trustees would like to thank the following people for their generous donations:

Trevor – Quality Street

Valerie S – 2 packets Big Chunky Maryland Cookies

Robin – Quality Street

Kevin S – 2 packets of Jam Tarts

Alan W – A packet of Digestive Biscuits

These were very enjoyable.

The Trustees would also like to add that the organisation gave the members the traditional Cadburys Crème Eggs together with a tin of Roses Chocolates for people to share to celebrate Easter.

Whilst thanking members, the Trustees would like to thank all those members that now give the right money to the staff for their refreshments, etc. This is a great help as it means that the staff do not have to take a purse filled with small change which can be a hindrance when shopping.

IMPORTANT

It is important to let Val Murphy or the staff know if you have changed your personal details; i.e. address, telephone/mobile number, Care Co-ordinator, Support Worker, Psychiatrist, GP.

BIRTHDAY GREETINGS

7TH PHILIP B
11TH PAM
18TH ROBIN
22ND DELVA
22ND VALERIE S
23RD SIMON
29TH JOHN
30TH JENNY