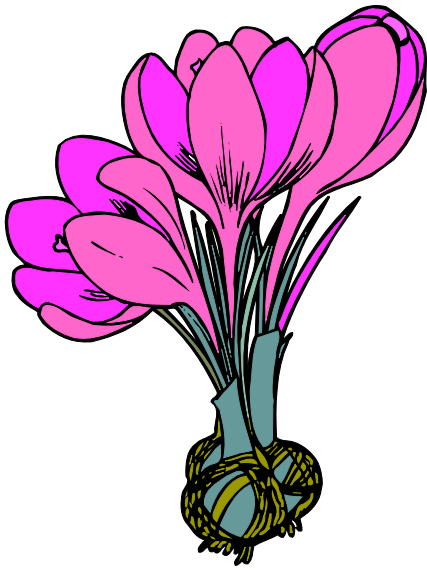


## REIGATE STEPPING STONES



March

newsletter

March is now here and the crocuses are looking very splendid despite the awful weather we had in February.

Fortunately we were able to open up on the 3<sup>rd</sup> February when we had the snow as the main roads were cleared. Nine members braved the elements to come to the Social Group.

### POOL TOURNAMENT

The Pool Tournament is still taking place and there are quite a few games to be played. Those members that are involved with this, please can you ensure that you play your games as it would be good to see who the winner will be.

### EASTER MONDAY DINNER

The Easter Monday dinner will be on the 13<sup>th</sup> April 2009 at the St. Mary's Hall, Chart Lane, Reigate from 11.30am until 4.00pm and the cost will be £7.00 per person. When booking a place, please pay the money due.

### ALLOTMENT

The Allotment Group meet in February to discuss what they hoped to plant this year and it sounds great: potatoes, runner beans, carrots, beetroot, broccoli, rhubarb, tomatoes, redcurrants, courgettes, French beans, broad beans, cabbages, lettuces, radishes, onions. Broad beans have been started and already growing are leeks and cabbages, plus of course rhubarb.

It is very sad to hear that Charlie Boswell died and the funeral was on Friday, 27<sup>th</sup> February 2009. Our sympathy and condolences are with Peggy.

Peggy is going to bring in Charlie's clothes to pass on to other people to use and she requests that people who do this make a donation which she will send to the British Lung Foundation.

We are pleased to see Jaymee again after being so ill. We look forward to seeing Steve Beesley when he feels that he is able to come again to the Social Group and our thoughts and wishes are for a speedy recovery goes to Bryan Thomas who is in Hospital.

### **RADIO 4 PROGRAMME "STATE OF MIND"**

You may remember that several of the members took part in the interviewing process for this programme which was broadcasted in January and beginning of February and were heard in several of the "State of Mind" programmes. Moyna Peters has written about her experiences in the mental health area in the 50s, 60s and 70s and Andrew Roberts who is bringing together all the history of the mental health Hospitals that used to exist has put Moyna's written experiences on the website:<http://studymore.org.uk>. Should anyone else like to contact Andrew Roberts about their experiences as well, he can be contacted on: [studymore@studymore.org.uk](mailto:studymore@studymore.org.uk)

### **The Warwick School (Adult and Community Learning)**

**The Warwick School is running the following courses in the Summer Term. Places are offered (subject to availability) to all adults from the local community.**

**First Steps into Computing is a FREE, six-hour course on three Wednesday evenings :- April 29 and May 6 and 13 ( between 4:30 and 6:30 p.m.)**

**If you have no knowledge of using a computer, or have a little knowledge but want to gain some more confidence in using the basic features, this short course is designed especially for you.**

**Working with Microsoft Office Applications is a 16-hour course over eight weeks. It is aimed at users who want to gain more knowledge and understanding of the main computer software applications (word processing, spreadsheets, internet etc). This course will run on the following Wednesdays - May 20, June 3, 10, 17, 24 and July 1, 8 and 15 (between 4:30 and 6:30 p.m.).**

**Please note that there is a modest charge of £30 for this course (this is under £4 for each 2 hour class and is considerably less than is charged elsewhere for similar**

courses). We will be requesting payment of this, in advance, to reserve a place on the course.

**MS Publisher**: This is a great programme for producing all sorts of professional-looking material including newsletters, letterheads, posters, advertising fliers and similar. This program allows much more creativity than a word processor package. In this single session, you will start from the basics and leave with some great new skills. Tuesday June 2 (4:30 - 7:00 pm). Cost £10

**Building a Database**: (Microsoft Access) : In response to popular demand, we are repeating this comprehensive, 3-session course on this program which is an incredibly useful tool if you have to handle lots of similar information (details of large numbers of people or similar sets of data, for example) in usable form. Perhaps you run a Club or have to organise and keep track of members? After these sessions you will have all of this information readily to hand in a user-friendly fashion.

Tuesdays June 16, 23 and 30, (4:30 - 6:30 pm), cost: £22

**Digital Photography**: Do you end up with pictures of friends and family with "red-eye"? Or perhaps it's otherwise a great picture but the lighting is all wrong. Learn how to manipulate your pictures to get better results - and to share them easily with others. Don't have a photo-editing program? Not surprised, these can be VERY expensive! No problem, we aim to be using a really good yet free downloadable photo editing program for the two-session course - and to give you copy on CD to take home and use on your own computer. Tuesday July 7 (4:30 - 7:00 pm), cost £10.

**Food Safety in Catering** : This is a 4-week course that results (subject to examination) in a nationally recognised certificate (Chartered Institute of Environmental Health, Level 2 Award in Food Safety in Catering) that enables work in any food related business in the country. Even if you are not involved in professional catering this is an interesting and very useful course for anyone involved in food preparation. Thursdays May 14 and 21 and June 4 and 11 (5:00 - 7:00 pm). Cost £18 to include costs of course booklet and external exam charge. (NB - this is considerably less than is normally charged by other providers of this course!)

All of these courses are usually very popular so you are encouraged to book your place(s) as soon as possible. Please contact:

Allan Hopkins, Community Links Manager, The Warwick School.

Tel: 01737 378471      email: hop@warwick.surrey.sch.uk

Richmond Fellowship also does free computer courses. If you are interested please talk to Val about this.

The Easter Project does a home cooked hot meal every Saturday at the St. Mary's Church Centre, Chart Lane, Reigate, at 1.00pm.

**LEATHERHEAD CLUBHOUSE (MARY FRANCES TRUST)**

The Leatherhead Clubhouse has now got a new website which is:  
[www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)