

REIGATE STEPPING STONES



JUNE
NEWSLETTER
2010

POOL TOURNAMENT



The Pool Tournament has now been completed and the winner is the following with the people that came second and third:

Dave Dixon
Gavin Harding
Trevor Jones
Congratulations to Dave.

GOOD NEWS



The Trustees are pleased to announce that Reigate Stepping Stones is now a registered Charity that is limited by Guarantee. We are still waiting to receive the charity number. The Companies House number is 7236238.

AMALGAMATED MENTAL HEALTH CONNECTIONS QUIZ NIGHT



There was a Quiz Night held on the Sunday, 9th May organized by Muff Chisholm and Paul Burns with help from Dave Newman and Alan Teale on the evening getting the room ready. It was a good and very light hearted evening with food also.

We would like to thank Art Matters for their donation with help towards the food and our special thanks go to James Paley, the manager of the Toby Carvery, for letting us use their meeting room for the Quiz Night. We hope to have another Quiz Night soon.

Paul Burns

AMALGAMATED MENTAL HEALTH CONNECTIONS QUIZ NIGHT



SUNDAY, 27TH JUNE 2010. The Toby Carvery, Meeting Room, Redstone Hill, Redhill.

Arrive 7.00pm. Start Time 7.30pm prompt.

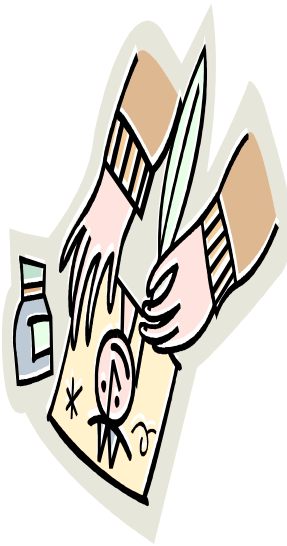
£3.00 per person.

Sandwiches will be provided.

Please contact: Muff Chisholm 01737 221016 or Paul Burns 01737 210079

Public transport and Taxis information will be provided on the night.

SURREY ARTISTS OPEN STUDIOS



From the 5th until the 20th June Surrey artists are opening their studios for visitors. There is a book with all the artists and their opening hours at the Reigate Stepping Stones Social Group.

ART MATTERS, CHURCH HALL, EARLSWOOD ROAD, REDHILL. RH1 6HE

HOURS OF VIEWING:

THURSDAY 10TH JUNE 11AM-5PM
THURSDAY 10TH JUNE 6PM-8.30PM
FRIDAY 11TH JUNE 11AM-5PM
SATURDAY 12TH JUNE 11AM-5PM
SUNDAY 13TH JUNE 11AM-4PM

SAD NEWS



Further to the Trustees' letter about Karen moving on to full time employment, it is with regret that the Trustees have to inform you that she will now be leaving on Thursday, 24th June 2010 as she has given them four weeks' notice.

ALLOTMENT



The weather is now becoming good growing weather and during May a member brought in prepared rhubarb and spinach for cooking for members to purchase at a very reasonable price. (This money will go towards next year's seeds, etc.)

Bryan Keeley, volunteer in charge of the allotment, brought in some lovely lettuces, radishes and parsley, some of which was grown by a member. Members were able to enjoy the washed lettuces in their sandwiches which made them taste so much better.

“OUT OF HOURS” CRISIS TELEPHONE HELPLINE

An informative and interactive workshop for people who have experienced mental distress to find out more and take part in discussions around:

- Developing the final Questionnaire and approach to determine if the out of hour’s crisis helpline is working well for the people that use it.

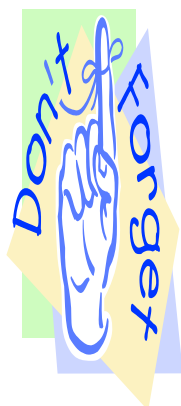
We are keen to hear from as many people as possible and will also be attending SABP Focus Group meetings in addition to these workshops to gain a range of views.

Refreshments and lunch will be provided at all of the workshops so please confirm which one you’d like to attend (places are limited) with Kofi Parry on **01372 201 675** or by email kofi.parry@surreypct.nhs.uk or text on **07912 774 656**.

For more information about the project feel free to contact Dominic on **0207 780 7382/ 07778 659 391** or dominic-walker@together-uk.org.

WHEN	WHERE	Please choose the closest venue for you.
Monday 28 th June 2010, 11.30-1pm	High Cross Church, Knoll Road, Camberley, GU15 3SY	
Thursday 1 st July 2010, 11.30-1pm	Cornerhouse, 2 Courtenay Road, Woking, GU21 5HQ	
Friday 2 nd July 2010, 11.30-1pm	Guildford Borough Council (Room 2), Millmead House, Millmead, Guildford, GU2 4BB	
Thursday 22 nd July 2010, 11.30-1pm	Woodhatch Community Centre, Whitebeam Drive, Woodhatch, Reigate, RH2 7LS	

Travel costs will be paid for in advance where possible (minimum 7 days notice required to order and post train tickets) or in **cash on the day**. Please keep hold of any travel receipts.



REMINDERS

REDHILL C.A.B. – is open on Monday, Tuesday and Friday from 10.00am until 1.00pm. The telephone number is 0844 499 4692 and this can be used to make appointments.

KINGSTON ADVOCACY GROUP (KAG)

Janet Turner, Advocate, can be contact at 01883 383838, ext. 5849 if you feel that advocacy will help you with a concern, etc.

EASTER PROJECT

Every Saturday afternoon at the St. Mary’s Church Hall the Easter Project volunteers served a free cooked home made dinner between 1.00pm and 2.00pm. Opening times: 12.30 - 2.30. Donations welcome.

On the first Saturday in each month clothes and books are also donated.

MEETINGS

FOCUS – East and Mid Area Group Meeting

Wednesday, 2nd June 2010 1.30pm – 3.30pm.

St. Barnabas Church, Temple Road, Epsom. KT19 8HA

MID & EAST SURREY STAKEHOLDER GROUP

10th June 2010 2.00pm – 4.00pm

Green Room, Woodhatch Centre, Whitebeam Drive, Reigate.

IMPORTANT TELEPHONE NUMBERS:

CRISIS LINE -

Out of Hours: 5.00pm - 9.00am Monday to Friday, 24 hours cover at weekend including Bank Holidays. If the lines are engaged the call will be diverted to an answer-phone which will enable people to leave contact details and someone will return the call within half an hour.

In-Hours the phone will be answered by staff based in the Redhill Crisis House, but the call will be directed to the respective day time Community Mental Health Team/Service who can provide support/undertake a crisis screening assessment role.

Out of hours Service for people with mental health problems in Surrey and North East Hampshire. In times of crisis or distress please call

0300 456 83 42

SAMARITANS – 08457 909090

SANE LINE – 08457 678000



JUNE BIRTHDAYS

07th James

08th Trevor

25th Ron

27th Maria

30th Gavin

MAY BIRTHDAYS

7th Philip B

13th Simon A

13th Paul R

22nd Delva

22nd Valerie S

23rd Simon W

25th Johanna

29th John T