

## REIGATE STEPPING STONES



### JULY NEWSLETTER

You will be pleased to know that since the 23<sup>rd</sup> June last the Social Group has been opened on both Tuesdays and Thursdays staffed by Melanie Perkins and Karen Lyon. Val and Dave have also been attending to help Mel and Karen for the first couple of weeks and then they will attend as and when they want to. They will also provide cover when staff are on holiday.

#### ACTION FOR LIFE – WALKING

The Action for Life has now produced its summer leaflet regarding walking. A couple of members have tried the walks and found them to be good. Leaflets will be at the Social Group should you want one.

#### ALLOTMENT

Thanks to Bryan Keeley and members for keeping the allotment in good condition. Courgettes plants have been planted and runner beans are growing and beginning to flower, so not long now before we have some beans. Bryan is available to give help and assistance to anybody who is interested in the allotment.

#### VOLUNTEER

The Trustees would like to thank Geoffrey Courtney for volunteering at the Tuesday Social Group and for the help and support that he gave. We wish him every success with his new job.

#### MCCH

Some of you may know by know that the mcch service have now ended which is a shame as the staff were beginning to get a lot of clients that needed their special service.

## **INFORMATION**

### **SURREY TRADING STANDS ISSUES A COLD CALLING ALERT**

A spate of unsettling cold calling incidents has prompted Surrey County Council's Trading Standards, along with Surrey Police, to issue a warning to residents. Over the past few months conmen have persuaded locals to part with hundreds of pounds in return for worthless goods. This particular scam involves someone claiming they are in desperate need of cash and prepared to sell several expensive Italian leather jackets at a knockdown price, or they are on their way to the airport and cannot take the jackets on the plane as they are far too heavy, of frantically need to get rid of them. Approached in a public place, such as a car park or accosted on their own front doors, victims, who are mainly elderly, have paid between £190 and £500 only to later discover that the goods are of no value. Locations where incidents have taken place so far include Guildford, Ashted and Egham.

### **ANCHOR STAYING PUT GARDENING SERVICE**

"Anchor staying put gardening service" is aimed at helping disabled and older people manage their gardens. For peace of mind they employ suitably qualified gardeners who are checked by the Criminal Records Bureau. It is known that if a front garden is tidy this can help to prevent doorstep crime. For further information please call 01737 222482.