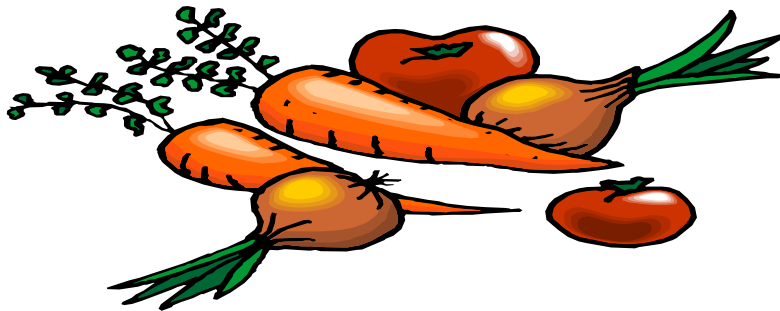


2010 MENTAL HEALTH WEEK ACTIVITY



“HARVEST CELEBRATION BRUNCH”

**GOOD FOOD FOR ALL – INTERACTIVE
COOKERY DEMONSTRATION**

**COMMUNITY CHEF WILL BE PREPARING A
SCRUMPTIOUS MENU OF AUTUMN DELIGHTS.**

FEEL INSPIRED AND NOURISHED!

**LEARN TO MAKE QUICK, EASY AND
DELICIOUS DISHES.**

ENJOY FREE TASTERS

**SATURDAY 16TH OCTOBER 2010
11.30AM – 2.00PM.**

**THE RICHMOND FELLOWSHIP,
THE OLD MOAT GARDEN CENTRE,
HORTON LANE,
EPSOM. KT19 8PQ
01373 731971**